



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Chicken Filet on a Bun Chef Salad w/Goldfish Crackers FEATURED VEGGIES Steamed Corn Romaine Salad	2 Cheese Pizza By the Slice Turkey and Cheese Wrap FEATURED VEGGIES Cherry Tomatoes Garden Side Salad	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
5 Italian Meatballs & Cheese on a Roll Chicken Nuggets with Dinner Roll FEATURED VEGGIES Mixed Vegetables Red Pepper Strips	6 Turkey Taco with Nacho Chips Popcorn Chicken Salad with Goldfish Crackers FEATURED VEGGIES Golden Corn Lettuce and Tomato Cup	7 Hot Dog on a Roll Hot Ham and Cheese on a Bun FEATURED VEGGIES Baked Beans Cucumber Slices	8 Cheeseburger on a Bun Chef Salad w/Goldfish Crackers FEATURED VEGGIES French Fries Baby Carrots	9 Cheese Pizza By the Slice Turkey and Cheese Wrap FEATURED VEGGIES Cherry Tomatoes Garden Side Salad	
12 Mini Corn Dogs Chicken Nuggets with Dinner Roll FEATURED VEGGIES Seasoned Carrots Red Pepper Strips	13 Cheesesteak on a Roll Popcorn Chicken Salad with Goldfish Crackers FEATURED VEGGIES French Fries Celery Sticks	14 Chicken Fajitas w/Tortilla Wrap Hot Ham and Cheese on a Bun FEATURED VEGGIES Steamed Broccoli Cucumber Slices	15 Meatballs with Marinara Sauce over Pasta Garlic Bread Chef Salad w/Goldfish Crackers FEATURED VEGGIES Green Beans Cherry Tomatoes	16 Cheese Pizza By the Slice Turkey and Cheese Wrap FEATURED VEGGIES Baby Carrots Garden Side Salad	
19 Toasted Cheese Sandwich (V) Chicken Nuggets with Dinner Roll FEATURED VEGGIES Tomato Soup Celery Stick	20 Beef Soft Tacos Popcorn Chicken Salad with Goldfish Crackers FEATURED VEGGIES Refried Beans Lettuce & Tomato	21 Chicken Filet on a Bun Hot Ham and Cheese on a Bun FEATURED VEGGIES Green Beans Red Pepper Strips	22 French Toast Sticks w/ Chicken Sausage Chef Salad w/Goldfish Crackers FEATURED VEGGIES Tater Tots Baby Carrots	23 Cheese Pizza By the Slice Turkey and Cheese Wrap FEATURED VEGGIES Seasoned Carrots Garden Side Salad	Daily Alternates Assorted Cereal Lunch with Yogurt, String Cheese and Goldfish Crackers
26 Memorial Day School Closed FEATURED VEGGIES	27 Chicken Tenders w/ Mini Biscuit Popcorn Chicken Salad with Goldfish Crackers FEATURED VEGGIES Corn Baby Carrots	28 Cheesesteak on a Roll Hot Ham and Cheese on a Bun FEATURED VEGGIES Tater Tots Cucumber Slices	29 Chicken Alfredo over Penne with Garlic Bread Chef Salad w/Goldfish Crackers FEATURED VEGGIES Steamed Broccoli Celery Sticks with Ranch	30 Cheese Pizza By the Slice Turkey and Cheese Wrap FEATURED VEGGIES Cherry Tomatoes Garden Side Salad	(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
Saint John Paul Regional School Sasndy Rogers, Kitchen Manager 856-783-3088 sjp@nsfm.com			Meal Prices Student Lunch \$4.00		