

# Welcome Back to School

Welcome back to school! Nutri-Serve is excited to start another year at Saint John Paul Regional School. We are looking forward to seeing your smiling faces this school year. The school breakfast, lunch and afterschool menus will be posted on the school website and in our paperless post that is sent weekly.

We are happy to have Sandy Rogers back this year in the café! Sandy and her staff are working hard to bring you some exciting new options to your lunch program including more lunch choices and larger portions for our middle school students.

Please take the time to fill out a Free and Reduced application whether you think you will qualify or not! The State has a new program this year so many more may qualify. Please know that this information remains private.

School meals are important to fuel healthy minds and bodies, and we strive to offer student favorites that are both delicious and nutritious. We can't wait to welcome you back into the cafeteria!

## Why choose school meals?

School meals include nutritious foods including fruits, vegetables, lean proteins, milk, and whole grains. Consistent exposure to a wide variety of foods not only encourages students to try something new, but also helps build lifelong healthy habits and a positive relationship with food. School meals are also a great value. Each lunch meal comes with a **PROTEIN**, **GRAIN**, **FRUIT**, **VEGETABLE**, & **MILK**. Students must take at least 1 serving of fruit or vegetable, but can select up to 2 servings. Where else can you find that kind of deal?

## What if my student has a food allergy or other special dietary need?

We take food allergies and other special dietary needs very seriously and work with you and the school nurse to provide a safe meal to your student. If your student has a food allergy or other dietary need, please let your school nurse know prior to the start of the school year so that an appropriate plan can be put in place. If your student is diagnosed with a new food allergy or dietary need throughout the course of the school year, please update the school nurse as soon as possible.

**2024-2025**

## Meal Pricing

### Lunch

Grades: Pre-K– 8 Paid : \$4.00

Free & Reduced Status: FREE

### Breakfast

Grades: Pre-K– 8 Paid : \$2.10

Free & Reduced Status: FREE

*\*a la carte & snack options also available\**

Cash, check or a on line payment can be applied.

Send in cash or check in a marked envelope.

*Wishing you a happy and healthy school year!*

Have questions, or just want to say hi? Contact us!

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